

## 03 TO REMEMBER

### Sexual violence

- ✗ Not all sexual violence is physical.
- ✗ There is no hierarchy in sexual violence. They are all unacceptable.
- ✗ Sexual violence can take place within intimate relationships.

### Sexual consent

Must be :

**C**lear: verbal or non-verbal

**F**ree: by the person themselves, free from threat / pressure / blackmail

**I**nformed: knowing the modalities, without intoxication

**V**erified: regularly

**E**nthusiastic: wanting and expressing pleasure

**R**evocable: at any time



Secrétariat  
à la jeunesse  
Québec



### Age of sexual consent is 16

- ✗ Exception for 12 or 13 year olds : Age difference of maximum 2 years minus 1 day
- ✗ Exception for 14 or 15 year olds : Age difference of maximum 5 years minus 1 day
- ✗ Under no circumstances may there be a relationship of authority, dependence and exploitation.

### Other information

- ✗ The consent of two intoxicated persons is not valid.

## 06 TO REMEMBER



### ***Victim blaming***

- ✘ Blaming the victim is a way to protect oneself from one's own vulnerability.
- ✘ It has a negative impact on the disclosure of sexual violence.

### Intervention :

- ✘ In the intervention, it is important to reprimand sexual violence behavior rather than non-protective behavior

### **Seduction**

- ✘ Respect, reciprocity and consent are three key words in seduction.
- ✘ Focus on personality rather than appearance.

### Intervention :

- ✘ Seduction is positive and pleasant. Teens are interested in the pleasure of sexuality. Therefore, sexual education should be positive.

## 08 TO REMEMBER

### Receiving a disclosure :

- ✗ The disclosure process can be difficult, and take a different form from one person to another.
- ✗ Focus on the emotions rather than the situation.

### Key Elements in Responding to a sexual violence disclosure

- ✗ A word of welcome
- ✗ Validate emotions
- ✗ Identify needs
- ✗ Refer to the right resources
- ✗ Present and identify yourself as a welcoming, caring and inclusive person.
- ✗ Present and identify yourself as a person who does not tolerate sexual violence.



### Obligations to report to the Director of Youth Protection (DYP) - counsellors and professionals.

- ✗ Sexual abuse
- ✗ Sexual relationship between 2 teens where one is under the age of consent = sexual assault = reporting
- ✗ Sexual violence on social media

### Call the DYP, even when in doubt (24 hours a day, 7 days a week)

- ✗ Identifying information (e.g., name, address, age).
- ✗ Facts that concern you.
- ✗ If you have questions and are not ready to report, you can always consult with them first.